

RAW CAFE

RAW RIGHT

RAW NOW

CALL 4 community participation

LIVE FOOD CAFE

SCANZ 2011: ECO SAPIENS:

residency-projects: Dhyana Beaumont

THE PROJECT: LIVE FOOD CAFE

By foraging food, and using pedal-powered blenders to produce nutrient-rich smoothies, Dhyana investigates the pragmatic politics of finding or growing sources of fresh food today as well as challenging notions of taste and combinations of taste. Expeditions to farmers markets, community gardens, enviroschools and other local growing spots are planned, as well as seeking out the council-tended gardens which are specifically grown to be foraged

The council orchards are on public land in New Plymouth: locations are:

- :: Bayly Road Orchard (by Mangaotuku Stream Esplanade Reserve)
- :: Brois Street (Sheppard's Bush Reserve)
- :: Milne Place (Milne Place Walkway)

EXPERIENCE A GREEN SMOOTHIE

STRATEGIES: questioning how to gain access to food beyond the supermarket

Grow: Harvest :: dark leafy greens (in season)

Dark leafy greens: eg: parsley, silver beet, spinach, kale, lettuce, rocket

Forage: watercress, edible weeds: herbs

Sprout: Sprouts + micro greens (fast growing)

Gather Fruit: there are 3 public parks with fruit trees

Join the Community Garden: learn how to grow food :: access land to grow

Bring ingredients to green smoothie locations :: blend & discuss the concept



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URL's for more info:

<http://www.intercreate.org/> OR

<http://www.intercreate.org/scanz-2011/residency-projects/live-food-cafe/>

<http://livefoodcafe.blogspot.com/p/scanz-2011-eco-sapiens.html>